



Building Resilience for the Climate Anxious Generation
October 20th at 7pm EDT



Margo Murphy (Moderator), Dr. Susanne C. Moser, Denise Rogers, Ronnie Vesnaver, & Sadie Woodruff

Webinar Chat

Kim Descoteaux : Welcome to tonight’s webinar panel from <https://stemlnet.org>, the NSF-funded, online network created for teacher leaders, aspiring teacher leaders, researchers, and administrators interested in effective school leadership. Funded by NSF #1932761. Opinions expressed tonight are those of the contributors and not necessarily those of the National Science Foundation.

J Callahan : What incredible panelists! Couldn't ask for a better moderator! Can't wait to hear their presentations. Maybe we can all work together? That would be so great!

W Abshire : ^ ++++++

J Petersen : I love using TikTok as a resource!!

J Petersen : Thank you for sharing 😊

A Strozyk : @denise- please share your the person you follow on TikTok. Thanks 😊

J Callahan : Thank you Denise! Thank you Sadie! You warm my heart with what you say!

Denise Rogers : Alaina Wood @thegarbagequeen on TikTok

N Milam : I will definitely check this out!

A Strozyk : Love Braiding Sweetgrass- incredible work

S Young : Amazing book!

R Vesnaver : Robin Wall Kimmerer, Braiding Sweetgrass

A DeCiccio : great book rec with Braiding Sweetgrass. Another is All We Can Save which focuses in various ways on eco anxiety from many perspectives

J Callahan : Incredible work, Ronnie. Such as:

https://issuu.com/gunstonschool/docs/online_feb2022_multum_2020-2021_schoolyear/s/14971093

J Callahan : <https://sasn.rutgers.edu/veronica-ronnie-vesnaver>

I Osundare : One of internationally climate activist, had worked with many arts of young international people because due the schools, employees in the public. I read a lot of them which the languages are available to translate in part of the climate warming their immense projects.

A Phan : thank you so much for sharing ms. vesnaver and ms. rogers!

J Callahan : Susanne has been a superhero in climate education for decades! An incredible leader. Always moving us climate educators ahead.

J Callahan : The STEM for All Video Showcase is an essential place for telling stories. Using 3 minute videos.

A Romm : Agreed Ms Moser! General anxiety effects how we perceive climate change so much and nobody spends time talking about it!

I Bailey-Lewin : Sorry everyone. I have to go eat dinner now. I really enjoyed this meeting! Isabel (Lowell School)

A Phan : beautifully said ms. moser! sometimes, it's great to take a breather and practice self-care! personally, i love to surround myself with nature, go for a bike ride, or help my father tend his garden

A Phan : i think it is also important to note that this global issue isn't going to be solved overnight, especially on the shoulders of one person. that would be very anxiety inducing. rather, this is a collaborative effort among educators, policy makers, young people of color (like myself!), and many more.

I Osundare : Our earth is becoming the age of tons. We think about other planets should have better health conditions than our earth. Several planets are available and nice soil on the land, when returned to Native American people, live in America. We will move out of the earth. We will move in several planets before earth become the age of tons. They still have the support of new ideas at further notice. Thanks to all the presenters bring any discussions.

S Griggs : Question for students: do you have any forums where you connect with other climate anxious individuals? I have some students who are articulating their climate anxiety right now but who are feeling quite isolated. It would be empowering to speak with other youth feeling similar feelings...

J Callahan : Please don't underestimate: Being able to be part of creating and producing videos for the STEM for All Video Showcase is incredibly uplifting for young people. The students here were part of making: <https://stemforall2022.videohall.com/presentations/2537>

A Phan : as a current high school student, my teacher would have us journal in our notebook outside of the classroom for half an hour, and it is very therapeutic! teachers on this webinar, i highly suggest implementing this routine in your classrooms 😊

L Zheng : I am in an AP Environmental Science course this year where I feel like it is one of the first times I get to really get to know other climate anxious individuals. I have not been in online forums much though

L Rinzel : At Climate Club DC, we have some connections through our mentor Jim and Mobile Climate Science Labs mostly. Thanks for asking!

J Callahan : CLEAN and CLEAN Network, which many of us a part of

J Callahan : Funded primarily by NOAA. Also NASA and NSF

J Callahan : <https://cleanet.org/>

S Woodruff : Sarah, In my experience, connecting with youth climate groups from my area and talking to the people in those organizations was a great outlet for my anxiety. One larger network of youth climate justice (if you are unable to find a locally founded one) is the Sunrise movement. I would suggest to your students to reach out to their local sunrise hubs to find like minded young people :)

S Griggs : Thank you!

R Pawlowski : Great conversation! have a good night

I Osundare : Thanks for inviting me for your all the presenter about the climate advocates and other different organizations.

J Petersen : I'll join my room in a moment

A Romm : Hello All! I got kicked out, but I was in room 2 How can I rejoin?

J Callahan : Margo... I didn't think to mention. Girl Scouts of America! National level action. Can fill in, but great developments

Kim Descoteaux : Don't forget to continue the conversation in the online discussion:
<https://stemtlnet.org/theme/discussion/october2022-discussion>

J Petersen : Thank you so much everyone! It was lovely to have the chance to connect today!

L Rinzel : Thank you all so much!

J Callahan : Mobile Climate Science Labs provided the STEM at the piolt climate convention

N Milam : Thank you for this wonderful discussion this evening!

A Romm : Thank you all for being here, it was so great to have a chance to talk to you all!

J Callahan : for the Girl Scouts of Northern California'

S Griggs : Thank you all!

C Armstrong : Thank you everyone! What a great session.

A Phan : Thank you so much for having me here today!

S Sparks : Thank you to all the panelists and organizers, great to hear so many ideas.

S Young : This was great, thank you!

L Zheng : thank you!

R Saint Louis : Thank you

D Rogers : This was great! Thanks to everyone for attending and sharing!

a Jabrane : thanks for sharings precious thaught

J Callahan : Thank you, Kim, Joni. Panelists, Margo. Denise, Susanne, Sadie